



Instruction to Professionals: Please check that the individual presenting is able to read and do not let them take this flyer home with them. If you do, you are potentially putting them at risk.

Help for Adults/Older Children (Aged 16-18) in the UK that are Being Exploited: Information Flyer

Please read and follow the instructions.

In the UK, it would be understood that you are being exploited under the following circumstances:

- You are receiving no wage or a very low wage for your work and/or you are working excessively long hours.
- Someone is taking your money.
- You are being forced to work or perform sexual acts.
- You are being held captive or against your will.
- You cannot leave your residence, are being watched and/or are not able to move about freely.
- You have been brought to the UK to work for someone who is now threatening, frightening, hurting or forcing you to do work or other things that you don't want to do.

Please tick the box if you answer 'yes' to the following questions:

- Are you in danger?
- Is it safe for you to talk?
- Would you like help?
- Would you like a translator or an advocate?

In the UK, you may be being exploited if you answer yes to any of the following questions. Please tick what applies to you:

- Are you being forced to work for little or no wages?
- If you are working, are you paid less than £7 an hour?
- Are you working more than 48 hours a week?
- Are you being forced to perform sexual acts in a work or personal capacity?
- Are you living in extremely dirty or impoverished living conditions?
- Are you being controlled by others? (This can sometimes be a relative, friend, or partner.)

For more information on human trafficking/modern slavery and additional resources, please consult the Hertfordshire Modern Slavery Partnership website: www.stopexploitationherts.org.uk/professionals/professionals.aspx.

- Have your identity documents or any other valuable possessions been taken away from you?
- If I helped you today, would there be any consequences for you or your family?
- Are you worried that someone may hurt you or your family?
- Are you in debt to someone? Or do you owe someone money?
- Is someone taking your money?
- I have a different problem.

You may feel scared, powerless and alone. However, help is available, and you have rights and choices.

If you are found to have been exploited in the UK, you are entitled to receive independent, emotional, medical and practical help from the UK Government. This support can be provided in several different ways, including:

- finding you temporary safe accommodation.
- helping you with medical treatment.
- having someone to help you cope with your experience.
- providing an interpreter/translator to help you communicate in English.
- protection.
- independent legal advice.
- subsistence payments.

Please Note: There are sometimes limitations to this entitlement.

As a worker in the UK, you are entitled to:

1. Pay of at least £8.21 an hour if you are over 25, £7.70 per hour if you are aged 21 to 24, £6.15 if you are aged 18 to 20 and £4.35 if you are aged 16 to 17.
2. A maximum of 48 hours of work a week, including overtime.
3. A rest break during your working day of at least 20 minutes when working more than 6 hours in a day.
4. A minimum number of weeks paid holiday a year, starting from your first day of work.
5. Workplace health and safety information, training, protective clothing and any necessary replacements free of charge, where appropriate.
6. Written details of the terms and conditions of your employment if you have been employed for more than 1 month.
7. Sick pay, which will be detailed in your contract of employment.

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